Curriculum Vitae

Name: Prof. Dr Ahmad Mustafa Baniata

Work: Faculty of Physical Education, University of Jordan.

Specialization: Teaching Physical Education and Gymnastics training. Motor

learning and movement science.

Nationality: Jordanian.

Address: Faculty of Physical Education, University of Jordan, Amman, Hashemite

Kingdom of Jordan.

Phone Number: 079895383

Email:Ahmadbaniata227@gmail.com

Qualifications:

Bachelors in Physical Education, Arab Academy for Physical Education.

- High Diploma in Physical Education, Moscow.
- Masters in Physical Education, Moscow,1986.
- Ph.D, Physical Education, Moscow 1990 (General Institute of Physical Education, Moscow).

Specialization: Motor Learning and Gymnastics.

Scientific Research and Interests:

Motor Learning related to health and Sports.

-Academic Ranks:

- -Full time lecturer, 1990-1992.
- -Assistant Professor, 1992.
- -Assistant Professor category (A), 1997.
- -Co-Professor, 2000.
- -Professor, 2009.

-Administrative Experience:

- Assistant of Dean of the Faculty of Physical Education, (1998-2000).
- -Head of Supervision and Teaching Department, Faculty of Physical Education, University of Jordan (2001-2004).
- -Scientific Leave (2005-2006).
- -Head of Supervision and Teaching Department, Faculty of Physical Education, University of Jordan (2006-2009).
- -Vice Dean of the Faculty of Physical Education in the University of Jordan, (2015-Present).

-Membership of Committees:

- Chairman of the Graduate Studies Committee (2015-2016).
- Member of Student Elections Committee Deanship of Student Affairs University of Jordan.
- Member of the library committee Faculty of Physical Education University of Jordan.
- Member of the College Council Faculty of Physical Education
- Member of the Graduate Studies Committee
- Member of the plan committee
- Member of the Book Committee Faculty of Physical Education.
- Member of the Council of the University of Jordan University of Jordan.
- Chairman of the Disciplinary Committee for Students Faculty of Physical Education.
- Member of the Social Committee Faculty of Physical Education.
- Sports delegate of the Faculty of Physical Education Deanship of Student Affairs

- Member of the Council of the Faculty of Graduate Studies at the University of Jordan.
- Member of the editorial board of the magazine of the study of humanities.
- Member of the board of the program of the bachelor program of sports education at the University of Taibah for international accreditation 2014.
- Member of the Planning Authority for Graduate Studies in Sports Science - Taibah University for International Accreditation - 2014
- Member of the Supreme Preparatory Committee for the Fourth Scientific Scientific Conference University of Jordan Faculty of Physical Education (2002).
- Member of the Preparatory Committee for the First Scientific Conference of the Association of Colleges, Sections and Institutes of Physical Education University of Jordan Faculty of Education (2007).
- Member of the Preparatory Committee for the Fifth International Scientific Conference University of Jordan Faculty of Physical Education (2006).
- Member of the Organizing Committee of the Second Scientific Conference University of Jordan Faculty of Physical Education (1993).
- Member of the Organizing Committee of the Third Scientific Conference
- University of Jordan Faculty of Physical Education (1995).
- Member of the Preparatory Committee for the First Scientific
 Conference Faculties of Physical Education in the Arab World Amman
 (1999).
- Membership of the College Council for one year.
- Chairman of the committees of sports skating in the gymnastics and other games for several years.
- Member and Chair of the Artistic Batch of the Gymnastics Federation from 1994 2000.
- Member of committees for the development of the festival and sports shows for UNRWA.

- Sports and Health Coordinator for 2014-2016.
- Responsible for the electronic file of sport and health.
- Rapporteur of the study plan committee for the Master program in the science of movement and sports at the University of Taiba Saudi Arabia 2012 2014.
- Rapporteur of the special plan committee for the program of graduate studies (Masters and PhD) at the Faculty of Physical Education University of Jordan for the year 2011.

Administrative activity and community service.

- Gymnastics Instructor Special Olympic School Soviet Union Moscow
- Member of the Committee of Sports Excellence Deanship of Student Affairs - University of Jordan - Member of the Library Committee - Faculty of Physical Education - University of Jordan
- Member of the Board of Directors of the Jordanian Gymnastics Federation - Ministry of Sports and Youth -
- Member of committees outside the university for community service / Ministry of Youth.
- Secretary of the Jordanian Gymnastics Association Ministry of Sports and Youth
- Spokesperson of the Jordanian Gymnastics Federation Ministry of Sports and Youth.
- Chairman of the Technical Committee of the Jordan Gymnastics Federation - Ministry of Sports and Youth.
- Lecturer in the training course for Gymnastics trainers Ministry of Sports and Youth.
- Lecturer in the training course for trainers of athletics Ministry of Youth
- Leadership Development Center.
- Lecturer in sports presentations Ministry of Education National Orthodox School.
- Supervision of the Ministry of Education Festival of Ajloun Governorate Ministry of Education Education Directorate Ajloun.

- Lecturer in the training course for bodybuilding trainers Olympic Leadership Development Center Ministry of Youth.
- Lecturer in the program of training teachers and teachers of physical education Ministry of Education.

Conferences:

- Second Scientific Conference University of Jordan Faculty of Physical Education (1993).
- International Scientific Conference Cairo Egypt (1995).
- Third Scientific Conference University of Jordan Faculty of Physical Education (1995).
- The First Scientific Conference Faculties of Physical Education in the Arab World Amman (1999).
- Fourth Scientific Scientific Conference University of Jordan Faculty of Physical Education (2002).
- Fifth International Scientific Conference University of Jordan Faculty of Physical Education (2006).
- The First Scientific Conference of the Association of Colleges, Sections and Institutes of Physical Education University of Jordan Faculty of Education (2007).
- The Second International Scientific Conference "Scientific Developments in Physical Education and Sports" Yarmouk University / Faculty of Physical Education / Irbid Jordan.
- First International Mathematical Conference "Towards a Community of Activity for the Development of Health and Performance", Hashemite University / Faculty of Physical Education and Sports Sciences Zarqa 2008.
- 9th international conference on sports: economic, management, marketing & social aspects. 8-11 may 2009, Athens, Greece
- International Conference on Sport Medicine and Sport Science Paris, France (2011/2012)

International Conference on Sport Medicine and Sport Science Dubai,
 UAE (2013/2014)

Supervise Messages (some messages).

- 1. Supervision of the student's message: Siham Al-Naimat entitled "Sensory sense of movement among students of the Faculty of Physical Education in the gymnastics course."
- 2. Supervision the student's message Ziad Ermili entitled "The relationship between the sense of style and the level of skill performance at the beginning of Gymnastics in Jordan".
- 3. Supervision of the student's message Naseer Al-Ani entitled "The relationship of some anthropometric measurements with the skills of the kebab on the gymnastics apparatus."
- 4. Supervision of the message of the student Magdoline Obeidat entitled "The effect of the use of a device on the strength of the muscle and learning the course of the front air Koura."
- 5. Supervision of student letter Abdul Wahab Al-Ajrama entitled "The relationship of some elements of physical fitness to the level of skill performance at the beginning of gymnastics."
- 6. Supervision of the doctoral thesis of the student Omar Omar entitled "The impact of using the electronic program in learning in some gymnastics skills."
- 7. Supervision of the student's message Shadi Hatibat entitled "The impact of feedback on learning some swimming skills".
- 8. Supervision of the student Dina Badr's message entitled "The effect of using motor representation in learning some swimming skills in children".

- 9. Supervising the student's message Mekdad Al-Tarawneh entitled "Determining the indicators of the special physical effort of the players of the Jordanian national gymnastics team."
- 10. Supervising the student's message Saleh Qogzza entitled "The impact of the mental training program on improving the level of skillful performance in gymnastics for primary stage students."
- 11. Supervising the message of student Maysaloun Al-Hama, entitled "The impact of using the teaching strategies (training and multi-level) combined with rhythm movements in improving motor abilities and learning some gymnastics skills."
- 12. Supervising the student's message Salameh Al-Majali entitled "The effect of short-term rest periods on keeping the accuracy of vertical jump and correction in basketball in terms of some kinetic variables in basketball players."
- 13. Supervising the message of the student Majd Al-Sharari entitled "Effect of Omega-3 on the fitness of the respiratory and muscular system of regular physical activity practices."

Scientific Production:

- 1. Lipid Profile of Gymnasts of the Jordan National Team American Journal of Applied Sciences, 2008-USA.
- 2. Biochemical Factors relevant to kidney functions among Jordanian to athletes, Scientific Research and Essay, 2009, Academic Journals.
- 3. Physiological Risk Factors in Elite Jordanian Athletes of Different Competitive Sports, International Journal of Molecular Medicine and Advance Sciences, 2009, Medwell Journals.

- 4. The Effect of Vitamin B12 Deficiency on Balance among Competitive

 Jordanian Top Athletes Research Journal of Biological Sciences. 4 (7): 874881. 2009
- 5. Biochemical factors relevant to kidney functions among Jordanian top athletes

Scientific research and essay Vol. 4 (5) pp.426-431, May, 2009

- 6. Evaluation the Functional Status of the liver in Elite Jordanian Athletes.

 "Sport Medicine Journal" No.30 2012
 - 7. Lipid profile in Elite Jordanian Athletes of Different Competitive Sports,

 Cemal Ardil, Paris Issue 59, November 2011.
 - 8. Z.Hawamdeh, T.Aburjai, A.Baniata, K.Mansi H. Nasr. Thyroid hormones levels in Jordanian athletes participating in aerobic and anaerobic activities. Scientific Research and Essays Vol. 7(19), pp. 1840-1845, 23 May, 2012
- 9- Analytical study of the level of some elements of fitness in the students of the Faculty of Physical Education at the University of Jordan Studies Series University of Jordan Part I Special Number 1996 (joint).
- 10 The effect of learning the skill of boarding the skull on the mind at the digital level of jumping pole Journal of Studies University of Jordan Volume (23A) Number (1) (1996) (solo).

- 11- International Anthropometric Construction of Gymnastics in Jordan International Scientific Conference Helwan University (Scientific Journal of Physical Physical Education Volume 1 No. (2) (1998) (Solo).
- 12- Effect of using an educational program for the skill of the backgammon in gymnastics at the level of achievement in the high jump (Fawsbury) Al-Najah University for Research An-Najah National University (Palestine) Accepted for publication (1999) Joint.
- 13- The relationship between the physical pattern and the level of skill performance of the gymnast in Jordan Journal of Studies (Based on Master Thesis Supervised) University of Jordan Volume 26 Number (2) (1998).
- 14- The difficulties faced by graduates of colleges and institutes of physical education in Palestine and Jordan the name of the magazine (specialized for research and studies of physical education and sports a scientific journal (theories and applications) (1999) acceptable for publication.
- 15- Effect of the use of trampoline on the strength of the muscles of the two men and the teaching of the front-end aerodynamic orbit on the terrestrial apparatus- Journal of Studies (based on a master thesis supervised) -Jordanian University- (2000) acceptable for publication.
- 16- The Effect of Computerized Learning in Human Wheel Skill-Journal of Jordanian Studies-Vol. (13) -Special Issue.
- 17- The effect of immediate and deferred feedback on improving the performance of the hands-on skills and the skill of lateral somersaults on the surface of the ground movements Al-Najah University for Research Journal (Palestine) Volume (2) Number (3).
- 18 level of cognitive sense of movement relative to the level of production of muscle strength in some physical tests Journal of Educational Sciences and Nafis Volume (7) Number (3).

- 19 The impact of the mental training program on improving the level of skillful performance in gymnastics for primary stage students Journal of Jordanian Studies.
- 20- The reality of the program of practical education from the perspective of students of the Faculty of Mathematical Sciences at the University of Moatha Journal of Jordanian Studies No. (32).
- 21 The impact of immediate and deferred feedback on learning butterfly swimmer the first scientific conference Association of colleges and sections and institutes of physical education Volume (2) Number (1).
- 22- The effect of the use of motor representation in the education of some swimming skills in children from the age of 6-8 years in Amman. The first scientific conference of the colleges, sections and institutes of physical education Volume 1 Number (1).
- 23- Determining the indicators of the special physical exertion of the players of the Jordanian national gymnastics team Najah University Nablus.
- 22- The effect of the use of motor representation in the education of some swimming skills in children from the age of 6-8 years in Amman. The first scientific conference of the colleges, sections and institutes of physical education Volume 1 Number (1).
- 23- Determining the indicators of the special physical exertion of the players of the Jordanian national gymnastics team Najah University Nablus.
- 24- The Effect of Computerized Learning on Improving the Performance of Some Handball and Handball Skills Mu'tah Magazine for Research and Studies.
- 25- Studying the transfer of the learning effect between some gymnastics skills and swimming skills Yarmouk Research Journal Series of Humanities and Social Sciences 2009.

The Materials I Teach:

Bachelor level:

- 1. Statistics in Physical Education.
- 2. Evaluation and research in Physical Education
- 3. Motor Learning.
- 4. Sports Training.
- 5. Motion and movement science.
- 6. Biomechanics.
- 7. Gymnastics 1.
- 8. Gymnastics 2.
- 9. Gymnastics 3.
- **10. Fitness Programs**
- 11. Sport Shows.

Master level:

1. Motor and control (Masters).

Ph.D level:

- 1- Theories of Physical Education
- 2- Theories of neuromuscular compatibility.
- 3- Motion Science and Mechanics.